

PHILOSOPHY

as a Way of Life

PIERRE HADOT

Edited and with an Introduction
by Arnold I. Davidson



Blackwell
Publishing

Contents

<i>Translator's Note</i>	vi
<i>List of Abbreviations</i>	ix
<i>Introduction: Pierre Hadot and the Spiritual Phenomenon of Ancient Philosophy</i> Arnold I. Davidson	1
Part I Method	47
1 Forms of Life and Forms of Discourse in Ancient Philosophy	49
2 Philosophy, Exegesis, and Creative Mistakes	71
Part II Spiritual Exercises	79
3 Spiritual Exercises	81
4 Ancient Spiritual Exercises and "Christian Philosophy"	126
Part III Figures	145
5 The Figure of Socrates	147
6 Marcus Aurelius	179
7 Reflections on the Idea of the "Cultivation of the Self"	206
Part IV Themes	215
8 "Only the Present is our Happiness": The Value of the Present Instant in Goethe and in Ancient Philosophy	217
9 The View from Above	238
10 The Sage and the World	251
11 Philosophy as a Way of Life	264
<i>Postscript: An Interview with Pierre Hadot</i>	277
<i>Select Bibliography</i>	287
<i>Index</i>	301