

A photograph of three children in dance poses against a white background. At the top, a girl with glasses and a red bandana top has her arms raised. In the middle, a girl in a pink shirt is in a crouching pose with her hands up. At the bottom, a boy in a grey shirt is on all fours with his hands on the floor.

Second Edition

Teaching Children Dance

Theresa Purcell Cone
Stephen L. Cone

Contents

Preface ix

Part I A Framework for Teaching Children's

chapter 1 Understanding the Importance of Teaching Children's Dance 3

- What Is Children's Dance? 4
- Why Teach Children's Dance? 9
- What Are the Benefits of Children's Dance? 10
- Summary 15
- Questions for Reflection 15

chapter 2 Presenting Essential Content for Children's Dance 17

- The Body 18
- Space 20
- Time 22
- Force 23
- Flow 24
- Relationships 24
- Dance Forms 26
- Summary 29
- Questions for Reflection 30

chapter 3 Designing a Dance Program 31

- Planning a Yearlong Dance Program 31
- Planning a Dance Unit 33
- Planning the Dance Lessons 35
- Interdisciplinary Connections 40
- Summary 43
- Questions for Reflection 44

chapter 4 Creating a Dance Education Setting

Class Size	46
Equipment and Teaching Materials	46
Facilities	50
Class Frequency and Length	51
Community Characteristics	51
School Policies	52
Program Advocacy	52
Summary	54
Questions for Reflection	54

chapter 5 Making Teaching Effective

Using Different Teaching Styles	55
Helping All Children Learn	56
Motivating Learners	58
Establishing Protocols and Rules	59
Making the Classroom Safe	60
Presenting Demonstrations	61
Providing Feedback	61
Engaging Students in Performances	62
Observing Dance	63
Summary	65
Questions for Reflection	65

chapter 6 Assessing Children's Learning in Dance

Assessment of Teaching Effectiveness	70
Teacher Assessment of Students	71
Peer Assessment	72
Student Self-Assessment	75
Summary	76
Questions for Reflection	77

Part II Learning Experiences for Children's Dance

chapter 7 Learning Experiences for Kindergarten, First, and Second Grades

Neighborhood Friendship Streamer Dance	83
Floating Clouds and Rain Showers	87

Run, Hop, Jump, Skip	91
The Playground	96
Ocean Waves and Swimmers	99
Spaghetti Dance	103
Balloons	107
Percussion Instrument Dance	110
The Hungry Cat	114
Circus Dance	118

chapter 8 Learning Experiences for Third, Fourth, and Fifth Grades

123

Dancing Homework Machine	125
Creative Square Dance	130
Action Words	133
Float and Punch	137
Baseball Dance	140
Bubbles	144
Birthday Celebration	148
Partner Dance	152
Sport Dance	155
Dance Maps	160

References	165
Suggested Readings	169
About the Authors	173