

A young woman with dark hair, wearing a red t-shirt, is captured in a dance pose. Her right arm is raised high, and she is looking off to the side with a focused expression. The background is a warm, out-of-focus light color, suggesting an indoor dance studio or stage setting. The overall lighting is soft and warm, highlighting the contours of her face and the texture of her shirt.

*Second edition*

*The Art of  
Dance in  
Education*

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