



Infant and
Early Childhood
**MENTAL
HEALTH**

A Comprehensive
Developmental Approach
to Assessment and
Intervention

Stanley I. Greenspan, M.D.
Serena Wieder, Ph.D.

CONTENTS

Introduction	ix
--------------------	----

PART I A COMPREHENSIVE MODEL FOR INFANT AND EARLY CHILDHOOD MENTAL HEALTH

1	A Developmental Biopsychosocial Model The Developmental, Individual-Differences, Relationship-Based (DIR) Approach	3
2	The Functional Emotional Stages of Development The Cornerstone of the DIR Model	13

PART II PRINCIPLES OF ASSESSMENT AND INTERVENTION

3	Assessment	41
4	Therapeutic Principles	65
5	Parent-Oriented Developmental Therapy ...	91
6	Clinical Strategies and Techniques for Different Types of Infants and Young Children	99

PART III
CLASSIFICATION,
DIAGNOSIS, AND
TREATMENT OF INFANT
AND EARLY CHILDHOOD
DISORDERS

- Introduction 123
- 7** Assessment and Treatment
of Infants and Young Children
With Interactive Disorders 131
- 8** Assessment and Treatment of Infants
and Young Children With Regulatory-
Sensory Processing Disorders 181
- 9** Assessment and Treatment of Infants
and Young Children With
Neurodevelopmental Disorders
of Relating and Communicating 231

PART IV
PREVENTION AND
EARLY INTERVENTION

- Introduction 297
- 10** Infants in Multirisk Families:
A Model for Developmentally
Based Preventive Intervention 299

11	A Model for Comprehensive Prevention and Early Intervention Services for All Families.	333
	Index	365